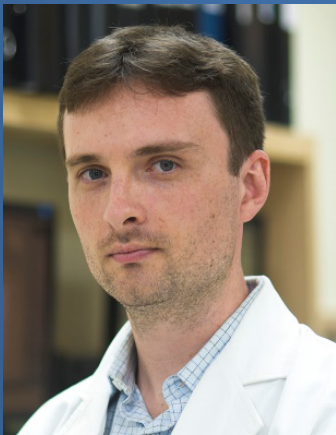


123rd WPI-IIIS Seminar & World-science Leaders' Seminar

Predicting cognitive responses to sleep deprivation

Some people are highly sensitive to sleep deprivation, whereas others are seemingly invincible. My research team has been exploring methods that can potentially be used to predict how well a person will cope with sleep loss. Based on evidence collected from lab studies and driving studies, I will make the argument that your ability to perform during sleep loss is determined in part by behavioral and physiologic characteristics that can be measured when you are well-rested.



Dr. Joshua J. Gooley

Duke-NUS Medical School

Date: **Friday, December 15, 2017**

Time: **12:30 – 13:00**

Venue: **1F Auditorium, IIIS Building**

Note: This seminar is held as part of WSLS series from Human Biology Program.



Contact: International Institute for Integrative Sleep Medicine, University of Tsukuba
029-853-8080 (ext. 8080) | wpi-iiis-alliance@ml.cc.tsukuba.ac.jp