

63rd WPI IIS Seminar

“Genomic epidemiology of sleep in Japanese general populations: Individual difference in sleep duration”

Some cohort studies have indicated that short sleep duration evaluated by questionnaire is one of risk factors for mortality, and incidence of breast cancer and prostate cancer. Meanwhile, we empirically know that required sleep duration is quite different between individuals. Therefore, we are seeking polymorphisms related to individual difference for sleep duration in order to clarify suitable sleep duration for individuals to prevent diseases. I will introduce individual difference for sleep duration in humans based on data from genomic epidemiological studies.



Speaker: Dr. Emi Morita

Forestry and Forest Products Research Institute,
National Research and Development Agency

Date: Tuesday, September, 8, 2015

Time: 12:00-13:00

Venue: 1F, Auditorium, IIS Building, University of Tsukuba

☆ Light refreshments will be served.



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