

62nd WPI IIS Seminar

“Polysomnography as a common language in sleep medicine”

Polysomnography (PSG) has been recognized as a “gold standard” in sleep medicine. Lots of efforts have been made until now to establish the current style. In clinical practice, however, most physicians think PSG is only a tool to generate “apnea-hypopnea index (AHI)”. There is also a trend toward simplifying PSG and introducing a home monitoring system. With this lecture, I will emphasize the under-utilized potential and its role as a common language linking multiple fields of medicine and medical research. Then, I will introduce how “sleep specialists” coordinate sleep medicine utilizing PSG.



Speaker: Dr. Makoto Kawai

Stanford Psychiatry and Behavioral Sciences,
Division of Sleep Medicine, USA

Date: Monday, August 3, 2015

Time: 12:00-13:00

Venue: 8F Hall, Health and Medical Science Innovation
Laboratory, University of Tsukuba

★ Light refreshments will be served.



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